



**DAVID VONDRAN**  
CEO/GENERAL MANAGER

## Beat the peak! Use the clock to save energy

If you look around your home, you likely have more devices and equipment that require electricity than ever before. Our connected lives are increasingly dependent on more electricity to function.

As you would expect based on your family's habits, electricity use fluctuates throughout the day. C & L Electric Cooperative must be able to provide enough electricity to meet the energy needs of all members during times of highest energy use or "peak hours." These peak times are typically in the morning, as people start their day, and in the evening, as people return to their homes.

There are several ways members can help lower energy demand by thoughtfully timing energy-intensive activities at home.

Here are few simple ways you can beat the energy peak:

- **Adjust the thermostat.** Move the temperature up a few degrees in summer, and bump it further up when you're away from home for extended periods of time.

- **Change your times to shower or bathe.** Your water heater uses a significant amount of energy. You can reduce its energy burden

by moving showering and bathing to an off-peak time or lowering the temperature on the tank.

- **Cook outdoors.** During summer, consider grilling outdoors to keep the oven off during peak heat days.

- **Turn off lights and fans.** In unoccupied rooms, turn off lights and ceiling fans. Ceiling fans cool people, not rooms.

- **Postpone the use of major appliances.** Move laundry loads to later in the evening or weekends. Delay running the dishwasher until well after dinner, or use the delay cycle function.

- **Charge electric vehicles (EVs) overnight.** If you have an EV, charge it at night when usage is typically lowest.

When we all work together to reduce energy use during periods of high electricity demand, we can relieve pressure on the grid and save a little money along the way.

Another benefit of this time-of-use approach allows greater control over your bill. Remember, taking simple steps to save energy throughout the day and shifting energy-intensive chores to off-peak hours is a smart choice.



ABBY BERRY, NRECA

Smart thermostats allow you to set custom temperature schedules, adjust the settings anywhere, and over time, they learn your cooling and heating preferences.



MARK GILLILAND, PIONEER UTILITY RESOURCES

Run your washing machine with full loads in off-peak hours to save water and energy.



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## Local students selected to attend Youth Tour

Two high school students from C & L Electric’s service area were selected to travel to Washington, D.C., in June to attend the Electric Cooperative Youth Tour. The seven-day trip, sponsored by the Electric Cooperatives of Arkansas, will include tours of major sites in and around Washington, D.C., including the U.S. Capitol; the museums of the Smithsonian Institution; and the Jefferson, Lincoln, Martin Luther King Jr., Vietnam, Korean and World War II memorials.

The winners were selected through an essay contest open to all high school juniors who live in the co-op’s service area. This year’s winners, along with 45 students from electric cooperatives across Arkansas, will travel to D.C., where they will join about 2,000 students from across the nation. Through Youth Tour, these students will have an opportunity to learn more about their nation’s government and the electric cooperatives, as well as develop leadership skills.

**Emma Berry** is the daughter of Melanie and Mike Berry. Emma is a member of the Library Club and Beta Club and plays shortstop on the high school softball team. She enjoys playing softball and dressing up to go out. After graduation, Emma plans to work in the medical field. In her essay on the topic “What Leadership Means to Me,” Emma stated, “Strong leadership should include being humble enough to do what is required to meet a goal, not just putting it on your coworkers and teammates.”

**Shelby Rainbolt**, daughter of Lora and Brad Rainbolt, will be a senior this fall at Star City High School. Shelby is a cheerleader for the Star City Bulldogs, and is a member of the Beta Club, Library Club and FBLA. She will be graduating with honors in 2024. Outside of school, Shelby enjoys competing in pageants. She was crowned Junior Miss Lincoln County Fair Queen in 2022 and is currently Miss Capitol City’s Teen, a divisional winner of Miss Arkansas Teen. She will compete at Miss Arkansas Teen later this month. After graduation, she plans on attending college to become a sonographer. In her essay on the topic “What Leadership Means to Me”, Shelby stated, “Not all motivation is given because someone is doing well, it can also be to encourage or motivate them to do better in what they are doing.”

C & L Electric is proud to have these outstanding students represent us on the Electric Cooperative Youth Tour to Washington, D.C. Congratulations, Emma and Shelby!



Emma Berry



Shelby Rainbolt



### STAR CITY OFFICE

900 Church St.  
870-628-4221  
Hours:  
Monday-Friday  
8 a.m.-5 p.m.

### SHERIDAN OFFICE

1586 S. Rock St.  
870-942-2732  
Hours:  
Monday-Friday  
8 a.m.-11 a.m.,  
12:30 p.m.-5 p.m.

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C & L ELECTRIC  
COOPERATIVE  
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**Our office will  
be closed on  
Tuesday, July 4,  
in observance of  
Independence  
Day.**

## It's Easier When It's Automatic

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No need to write checks and make trips to the mailbox.

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**Enroll at <https://www.clelectric.com/autobankdraft>  
OR complete enrollment form below.**

Mail form to :  
C&L Electric Cooperative Corp, P.O. Box 9, Star City, AR 71667

### Auto Bank Draft Enrollment Form

**Name** (as it appears on your electric bill)

**C&L Account Number(s) to draft**

**Current Billing Address** – (Street, City, State, Zip)

**Daytime Phone**

<input type="text"/>	<input type="text"/>
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**Day of month to draft (Circle One):** 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

**Select**  Checking  Savings

**Bank Account Number** (Maximum of 15 numbers)

Do not include check number

**Bank Routing #**

<input type="text"/>	<input type="text"/>
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**Name of Bank**

**Name on the Bank Account**

<input type="text"/>	<input type="text"/>
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**City/State of Bank**

I authorize the bank or financial institution named above to pay my monthly C&L Electric Cooperative electric bill and to deduct each payment from my checking/savings account. I have the right to stop payment of charge entries by notifying the Bank prior to the time the account has been charged. This authority is to remain in effect until the Cooperative and bank have received notification from me of its termination in sufficient time to act on it.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_